Crossroads Breakfast Menu
March 2024

|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | $1$ <br> Breakfast Meal Kit <br> Coco Puff Cereal Bar <br> WG Cheez-its snack 100\% Fruit punch Juice Apple Slices Choice of Milk |
|  | 4 <br> BREAKFAST MEAL KIT <br> Fruit Loops <br> Animal Graham Crackers <br> 100\% Juice Box <br> Choice of Milk | 5 <br> BREAKFAST MEAL KIT <br> Strawberry Pop Tart <br> Mini Animal Crackers 100\% Fruit Juice Choice of Milk | 6 <br> BREAKFAST MEAL KIT <br> Lucky Charms 100\% Fruit Juice Strawberry Crackers Choice of Milk | 7 <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart <br> Mini Animal Crackers 100\% Fruit Juice Choice of Milk | 8 <br> BREAKFAST MEAL KIT <br> Cocoa Puff Bar Cheez Itz 100\% Fruit Juice Box Choice of Milk |
|  | 11 <br> BREAKFAST MEAL KIT <br> Fruit Loops <br> Animal Graham Crackers <br> 100\% Juice Box <br> Choice of Milk | 12 <br> BREAKFAST MEAL KIT <br> Strawberry Pop Tart <br> Mini Animal Crackers 100\% Fruit Juice Choice of Milk | 13 <br> BREAKFAST MEAL KIT <br> Lucky Charms 100\% Fruit Juice Strawberry Crackers Choice of Milk | 14 <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart Mini Animal Crackers 100\% Fruit Juice Choice of Milk | 15 <br> BREAKFAST MEAL KIT <br> Cocoa Puff Bar <br> Cheez Itz <br> 100\% Fruit Juice Box <br> Choice of Milk |
| All bread is whole grain | 18 <br> BREAKFAST MEAL KIT <br> Fruit Loops <br> Animal Graham Crackers $100 \%$ Juice Box Choice of Milk | 19 <br> BREAKFAST MEAL KIT <br> Strawberry Pop Tart <br> Mini Animal Crackers 100\% Fruit Juice Choice of Milk | 20 <br> BREAKFAST MEAL KIT <br> Lucky Charms 100\% Fruit Juice Strawberry Crackers Choice of Milk | 21 <br> BREAKFAST MEAL KIT <br> Fudge Pop Tart <br> Mini Animal Crackers 100\% Fruit Juice Choice of Milk | 22 <br> BREAKFAST MEAL KIT <br> Cocoa Puff Bar Cheez Itz 100\% Fruit Juice Box Choice of Milk |
|  | 25 <br> BREAKFAST MEAL KIT <br> Fruit Loops <br> Animal Graham Crackers 100\% Juice Box Choice of Milk | 26 <br> BREAKFAST MEAL KIT <br> Strawberry Pop Tart Mini Animal Crackers 100\% Fruit Juice Choice of Milk | $27$ <br> NO SCHOOL <br> Spring Break | $28$ <br> NO SCHOOL <br> Spring Break | $29$ <br> NO SCHOOL <br> Spring Break |
| Menu subject to change |  |  |  |  |  |

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## Crossroads Lunch Menu <br> March 2024

| Monday |  | Tues |  | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  |  | $1$ <br> FRENCH BREAD PIZZA <br> Garden Romaine Salad Fresh Carrots Assorted Fresh Fruit Choice of Low Fat Milk |
|  | 4 <br> CHEESEBURGERS <br> French Fries <br> Fresh Cauliflower <br> Assorted Fresh Fruit Choice of Low Fat Milk | 5 <br> WALKING TACOS <br> with Whole Grain Tortilla Chips Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | 6 <br> CHICKEN SANDWICH <br> on Whole Grain Bun <br> Baked Beans <br> Fresh Broccoli <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | $7$ <br> ROTINI with MEAT SAUCE <br> Garden Romaine Salad Whole Grain Dinner Roll(9-12) Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | 8 <br> FISH SANDWICH <br> French Fries <br> Fresh Carrots <br> Assorted Fresh Fruit Choice of Low Fat Milk |
| Weekly vegetable sub groups may include: dark green, red/orange, legumes, starchy, and other <br> Daily fruit choices may include: apples, oranges, bananas, applesauce, strawberries, peach cups, and apple slices | 11 <br> TOASTED CHEESE SANDWICH <br> Tomato Soup <br> Carrot Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 12 <br> SHRIMP POPPERS <br> Dinner Roll <br> Broccoli \& Cheese <br> Fresh Cauliflower <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | $13$ <br> TURKEY and CHEESE SUB <br> on Whole Grain Bun <br> French Fries <br> Baby Tomatoes <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 14 <br> ROTINI with MEAT SAUCE <br> Garden Romaine Salad <br> Whole Grain Dinner Roll (9-12) <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | $15$ <br> CHEESE PIZZA <br> Garden Romaine Salad <br> Fresh Cukes <br> Assorted Fresh Fruit Choice of Low Fat Milk |
| All bread is whole grain | $18$ <br> CORN DOGS <br> French Fries <br> Fresh Broccoli <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 19 <br> NACHOS WITH MEAT \& CHEESE <br> on Whole Grain Tortilla Chips Corn or Black Beans Celery Sticks Assorted Cupped and Fresh Fruit Choice of Low Fat Milk | 20 <br> CHICKEN TENDERS <br> Whole Grain Dinner Roll <br> Mashed Potatoes <br> Baby Tomatoes <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 21 <br> ZITI with MEATBALLS <br> Garden Romaine Salad Whole Grain Breadstick(9-12) <br> Celery Sticks <br> Assorted Fresh Fruit <br> Choice of Low Fat Milk | 22 <br> CHEESE PIZZA <br> Garden Romaine Salad <br> Fresh Cukes <br> Assorted Fresh Fruit Choice of Low Fat Milk |
| Cheez-its Grades 7-12 on 3/4 through $3 / 8$ 3/11 <br> 3/18 <br> Menu subject to change | $25$ <br> BBQ RIB SANDWICH <br> on Whole Grain Bun <br> Tater Tots <br> Fresh Cauliflower Assorted Fresh Fruit Choice of Low Fat Milk | 26 <br> WALKING TACOS <br> with Whole Grain Tortilla Chips <br> Black Beans / Corn Celery Sticks Assorted Fresh Fruit Choice of Low Fat Milk | $27$ <br> NO SCHOOL <br> Spring Break | $28$ <br> NO SCHOOL <br> Spring Break | $29$ <br> NO SCHOOL <br> Spring Break |

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